

Type 2 diabetes conference scheduled for July 28

Type 2 diabetes is no longer a disease for older adults reports Sally Garrett, CFLE, County Extension Agent-Family Consumer Sciences.

The age of diagnosis is much younger than one or two decades ago. Diabetics are being diagnosed with type 2 diabetes in their 20s, teenage years and during childhood.

The percentage of children diagnosed with type 2 diabetes has risen from less than 5% (prior to 1994) to 20-30% (after 1994).

The number of children diagnosed with type 1 diabetes has not changed. The rise in type 2 diabetes is related to the increase of childhood obesity. A fourth grade girls in 2000 weighs 10 pounds heavier than a fourth grader in the 1980s.

Obesity greatly increases the risk of developing type 2 diabetes, particularly in minority populations such as Hispanics and African-Americans.

The overall burden and impact of type 2 diabetes in Texas will increase substantially over the next 20 years due to the increase in the Hispanic population.

Communities now have the chance to help these children reduce their risk of getting type 2 diabetes when they are older and prevent the burden caused by this disease.

Garrett states that a workshop, entitled "Mobilizing Communities to Reduce the Incidence of Type 2 Diabetes by Preventing Obesity in Children", is being held to help community leaders create a healthy South Texas for children.

The purpose of the workshop is to provide an opportunity for "teams" from counties and regions to envision a healthy South Texas and to plan strategies to implement that vision.

Anyone with an interest in children's health and the future of South Texas is encouraged to attend.

Principals, teachers, school health nurses, directors of school food service, employees of the Head Start and WIC Programs, physicians, day care providers, dietitians and nutritionists are invited to participate.

The conference will be held Friday, July 28, at Texas A&M University-Kingsville.

It is free, but attendees must pre-register before July 21 and pay for a box lunch.

If interested in attending this conference, please contact Garrett at 979-732-2530.

Educational programs conducted by the Texas Agricultural Extension Service serve people of all ages regardless of socio-economic levels, race, color, sex, religion, disability or national origin.

Newsbriefs

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at 281-239-2844 or e-mail rhs85@ev1.net. Spread the word... hope to see everyone there.

Friend's House holding registration

My Friend's House Pre-School/Daycare is holding registration through July 21 for the fall. Registration fees are \$50 per child. If your child is planning to attend, please stop by or call to hold a place. Enrollment is limited. If you have any questions, you may call Jamie at 234-3330.

School supplies... school supplies...

Eagle Lake Primary School (ELPS) P.T.O. will be selling supplies for the coming 2000-2001 school year. All children pre-k through third grade will be supplied at the lowest possible prices. Supplies will be sold at the ELPS cafeteria Aug. 7 through 11 from 8 to 10 a.m. and during the first week of school (Aug. 14-18) from 7:30 to 8:30 a.m. Lists and prices will be published around the first week of Aug. For more information, call Ms. Rhodes at 234-3587 or Mrs. Reed, 234-2601.

I-10

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workforce for large industry, but the I-10 region can. We are not in this alone-we are working together. A healthy neighbor is good for the neighborhood."

Marketing tools for the I-10 Corridor Association include the quarterly newsletter, the I-10 website and visitor guides.

The I-10 Corridor Association meets on the third Wednesday of each month on a rotating basis with scheduled meetings in Seguin, July 19; Schulenburg, Aug. 16; Yoakum, Sept. 20; Brookshire, Oct. 18; and Lockhart, Nov. 15.

Contact the I-10 office at 1-800-221-4161 or visit the website at www.i10corridor.org for more information.

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President Gerald Ford...

Among those especially invited to meet with President Ford for a discussion of the Texas political situation and other Republican matters was Jay Anderson of this community.

April 22, 1976

Rice will have three track participants in regional competition on April 24. Jane Dostal, shot put and discus; Virginia Scott, 220 dash; and Mary Jo Spanihel, high jump...

One of Rice High Schools Raider cage star, Ronald Glover, son of Mr. & Mrs. Clifton Glover, received a four-year scholarship to Texas Lutheran College in Seguin this past week...

Miss Melba Wied of Garwood, bride-elect of Rick Higgins was honored with a Tea Shower in Garwood on April 10 in the home of Mrs. Herbert Engstrom. Miss Wied was also honored with a Rice Bag Luncheon on April 10 given by Mrs. Dexter Anderson, Mrs. Clifford Wiese and Mrs. Lyle Anderson in the home of Mrs. Dexter Anderson in Eagle Lake...

The First National Bank is near the complete change-over to computer programmed process and expects that the change-over will be completed by the end of this month...

David Wintermann welcomed Senator Lloyd Bentsen to a meeting of friends in the Colorado County Federal Savings and Loan Association Building in Columbus. Also greeting the senator were James D. Seymour Jr. of Columbus and Wm. H. Harrison of Eagle Lake...

Despite the rainy weather Easter Sunday, the Causey family held their 42nd annual Easter picnic...

The Rice High School Raiders, on the strength of two first places by Tony Black in hurdle events and a first place by David Banks in the long jump, scored 42 points in the Columbus Cardinal Relays on Thursday of last week and won fourth place in team totals.

July 3, 1952

The Memorial Fund for an Iron Lung swelled \$200 in the space of one short week but the goal is not yet reached. More is needed so give generously...

Final plans for the tremendous Clean Up undertaking scheduled for Eagle Lake next Wednesday were formulated at meetings of representatives of civic organizations, churches and clubs this week and every person taking part in the planning was highly enthusiastic of the success of the program...

Tuesday, July 15th, has been set as a date for a public hearing on the recent proposal made by the Southwestern Bell Telephone Company to install dial telephones in Eagle Lake. The City Council to meet with them at City Hall July 15th at 7:30 to discuss the proposal...

Eagle Lake Little League Reds defeated East Bernard 7 to 1 and the fathers gave the little league all stars a 3 to 0 whipping...

A contract for moving two homes and other structures on land east of Eagle Lake belonging to Mrs. Glen Sunderman was awarded Thursday by Commissioner...

Cpl. James Hearn, son of Mr. & Mrs. Joe Hearn of Eagle Lake, has been wounded in Korea for the second time...

Ethel Birdwell and Eugene Engbrock are wed here June 24th...

Charles Causey presided at the first meeting of Rotary year, as the new president, at Colly Methodist educational building Wednesday at noon...

New installed officers for Lodge No. 366 were: Edgar Baring, worshipful master; M.R. Zuehlke, senior warden; R.L. Muench, junior warden; A.H. Dipple, treasurer; H.E. Tate, secretary; D. Rhea Allison, chaplain; A.L. Barnett, senior deacon; W.L. Bauer, junior deacon; T.E. Austin, senior steward; H.L. Austin, junior steward; and H.D. Sheridan, tiler.

Call 234-5521 CLASSIFIED ADS

Deadline 5 p.m. Monday

1 Legal/Public Notices

NOTICE OF SALE

STATE OF TEXAS : BY VIRTUE OF AN ORDER OF SALE
COLORADO :
COUNTY, TEXAS : DATED JULY 3, 2000

and issued pursuant to judgment decree(s) of the District Court of Colorado County, Texas, by the Clerk of said Court on said date, in the hereinafter numbered and styled suits and to me directed and delivered as Sheriff of said County, I have on July 3, 2000, seized, levied upon, and will, on the first Tuesday in August, the same being the 1st day of said month, at the inside South entrance door of the Courthouse of said County, in the City of Columbus, Texas, between the hours of 10 o'clock a.m. and 4 o'clock p.m. on the said

1 Legal/Public Notices

day, beginning at 10:00 A.M., proceed to sell for cash to the highest bidder all the right, title and interest of the Defendants in such suits in and to the following described real estate levied upon as the property of said Defendants, the same lying and being situated in the County of Colorado and the State of Texas, to-wit:

STYLE OF SUIT:

Cause No. 4086 - COLORADO COUNTY CENTRAL APPRAISAL DISTRICT vs. AMELIORATE, INC.

PROPERTY DESCRIPTION:

Being .69 acre tract as described and reserved in a deed from Ameliorate, Inc., a Texas Corporation to Raymond R. Thomas, Jr., Kurt Martin Thomas, Griffith Mose Thomas

1 Legal/Public Notices

and Julia Luise Thomas dated August 29, 1975 and recorded in Volume 335, Page 127 of the Deed Records of Colorado County, Texas.

Known as: 210 Heritage Lane

or upon written request of said Defendants or their attorney, a sufficient portion of said property(s) in order to satisfy said judgment(s), interest, penalties, and cost; any property sold shall be subject to the right of redemption of the Defendants or any person having an interest therein, to redeem the said property, or their interest therein, at any time within two years or, if applicable, six (6) months from the date the purchaser's deed is filed for record in the manner provided by law, and shall be subject to any other and further rights to which the Defendants or anyone interested therein may be entitled, under the provisions of law. Said sale to be made by me to satisfy the judgment(s) rendered in the above styled and numbered cause(s), together with interest, penalties, and costs of suit, and the proceeds of said sales to be applied to the satisfaction thereof, and the remainder, if any, to be applied as the law directs.

The Sheriff or his agent will sell the property interest to the highest bidder for cash upon oral bids under the rules governing auction sales generally. The bids must start at the amount of the opening bid set opposite each tract, which reflects the total taxes included in the judgment and the costs of the suit and of the sale and of the required legal publications. No bid less than this minimum figure can be accepted by the officer conducting the sale.

Purchasers will receive the standard type of Sheriff's Deed, which is completely without warranty, express or implied. Such Sheriff's Deed does not convey the property described per se, but rather conveys to the purchaser only whatever interest was owned by the persons named in the lawsuit judgment. There is also no guarantee of any kind that any private title company will be willing to grant the purchaser a title policy on property purchased at this sale.

It will also be necessary that all bidders satisfy themselves concerning the location of the property on the ground prior to the sale, as such information will not be available at the time of the sale and no representations as to the extent or sufficiency of property description or location of property will be made in any regard. Maps and plats of the named surveys or subdivisions are on file in the office of the Colorado County Clerk and/or the Colorado County Appraisal District in Columbus, Texas, and all papers of the suits on which this sale is based are on file in the office of the District Clerk of Colorado County, Texas.

DATED at Columbus, Texas, July 3, 2000

R.H.WIED, Sheriff
Colorado County, Texas
BY: R.H. Wied

Sealed bids will be opened at 11:00 A.M. on July 18, 2000 at the Texas Agricultural Experiment Station at Eagle Lake for the following vehicles.

1 - 1982 Chevrolet flatbed 1-ton truck
1 - 1982 Chevrolet Suburban 3/4-ton

Vehicles are offered on an AS IS BASIS. Sealed bids will be received at the TAES headquarters on FM 102 North, or by mail at P.O. Box 717, Eagle Lake, TX 77434.

4 Cards of Thanks

The family of Gardner A. Seaholm, Sr. would like to take this time to thank each and every one of you for your kindness and expressions of sympathy shown to us with the loss of our husband, father, grandfather and great-grandfather. Your love, food, flowers, prayers and thoughts will always be remembered by each and every one of us. Your support was greatly appreciated to help comfort at this time.

Hospice Care was there with loving medical attention. Larry Dulany and Dulany Funeral Home went the extra mile to give our family special attention. Rev. Paul Lynn and the United Methodist Church were so helpful.

May God bless all of you,
The Gardner A. Seaholm, Sr. Family

5 Miscellaneous

AVON

Looking for higher income? More flexible hours? Independence? AVON has what you're looking for. Let's talk 888-561-2866.

PLAYER'S ISLAND/HARRAH'S LAKE CHARLES
TUESDAY, JULY 18 & TUESDAY, JULY 25
\$8⁰⁰ per person; \$5⁰⁰ Back in cash voucher
Leaves Sealy 6:15 a.m.
Call Joe or Margaret 979-885-3345

6 Entertainment

NIGHT TRIP TO COUSHATTA CASINO
FRIDAY, JULY 21
\$8⁰⁰ per person; Leaves Sealy 6:15 p.m. FREE Breakfast!
DAY TRIP TO COUSHATTA CASINO
SATURDAY, JULY 29
\$10⁰⁰ per person; Leaves Sealy 6:15 a.m. FREE Buffet!
Call Joe or Margaret 979-885-3345

Come dance with...
EMOTIONS
Thurs., July 13 Sat., July 15
East Bernard Armadillo Ballroom;
Riverside Hall Brazoria, TX
9 to 1 "Beach Party" - 9 to 1

UNION PACIFIC RAILROAD COMPANY